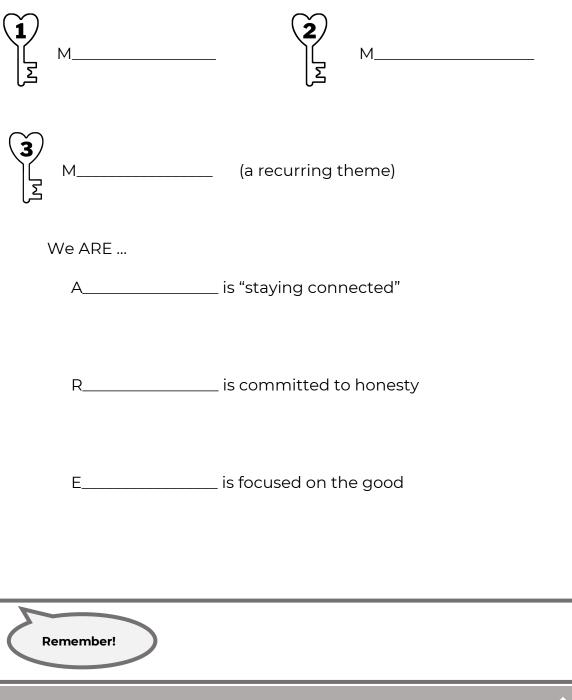


January 12, 2025 Pastor Theo Myer

Life with God is the abundant life lived in connection with God and His resources



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The Daily Connections (Good Morning God, Spiritual Boost, Good Night Review) open our lives to God's love and directions and power.

Good Morning God should be the first thing we do every day when waking up. The *Spiritual Boost* connects us with God's words in the Bible during the day sometime when we have 10 minutes of quiet. Finally, we finish our day with *Good Night Review*, and this allows God's joy and forgiveness to come to us as we drift into sleep.

These three spiritual exercises take only 20 minutes each day, and you will be amazed at how they affect your life. Give it a try and see how you are fundamentally changed by time with God!

Here are suggested readings in the Bible for your **Spiritual Boosts** this week:

Day 1: John 15:4-8

What does it mean to remain (abide) in Jesus?

Day 2: John 15:4-8 (again)

Try setting an alarm every hour and say "God, You are with me" to abide with God!

Day 3: Romans 12:9-10

* Pray for one person that you find difficult to love without hypocrisy.

Day 4: James 5:16

Why do you think confessing to trusted friends bring healing?

Day 5: Nehemiah 8:10

What makes you joyful? Say a prayer of thanks for what that is!