

Finding Security in this Life

Week 3 in our series *Everyday Wisdom*

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*A person without self-control
is like a city with broken-down walls. (Proverbs 25:28)*

Without self-control, my life will be a _____

Everyone turns somewhere for _____ against the troubles of life

- Proverbs 18:10-11

I must run to the grace of God as my greatest _____

For the grace of God has appeared that offers salvation to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age... (Titus 2:11-14, NIV)

Remember!

The Daily Connections (Good Morning God, Spiritual Boost, Good Night Review) open our lives to God's love and direction and power.

Good Morning God should be the first thing we do every day when waking up. The *Spiritual Boost* connects us with God's words in the Bible during the day sometime when we have 10 minutes of quiet. Finally, we finish our day with *Good Night Review*, and this allows God's joy and forgiveness to come to us as we drift into sleep.

These three spiritual exercises take only 20 minutes each day, and you will be amazed at how they affect your life. Give it a try and see how you are fundamentally changed by time with God!

Here are suggested readings in the Bible for your **Spiritual Boosts** this week:

Day 1: Proverbs 25:28

- ✳ Why are we vulnerable without self-control?

Day 2: Proverbs 18:10-11

- ✳ Why is God a better refuge than money?

Day 3: Proverbs 18:10-11

- ✳ How can you help yourself remember to go to God with your problems?

Day 4: Proverbs 16:32

- ✳ Do you know anyone whose self-control impresses you? Ask him or her what helps them have self-control.

Day 5: Titus 2:11-14

- ✳ Ask God to teach you to say "No" to the lures of this world and find your security in Him instead.