



Key 3: Motifs (Enjoy)

Week 7 in our series *5 Keys to Life with God*
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We **ARE** (Abide, be **R**eal, **E**njoy)

If we are always sad and depressed, that tells us we're missing something beautiful that God has for us.



- ◀ The joy of _____ (Psalm 16:11)
- ◀ The joy of _____ (Matthew 13:44)
- ◀ The _____ of joy (Nehemiah 8:10)
- ◀ The _____ of a life with joy (Philippians 2:14-15)

Remember!

The Daily Connections (Good Morning God, Spiritual Boost, Good Night Review) open our lives to God's love and direction and power.

Good Morning God should be the first thing we do every day when waking up. The *Spiritual Boost* connects us with God's words in the Bible during the day sometime when we have 10 minutes of quiet. Finally, we finish our day with *Good Night Review*, and this allows God's joy and forgiveness to come to us as we drift into sleep.

These three spiritual exercises take only 20 minutes each day, and you will be amazed at how they affect your life. Give it a try and see how you are fundamentally changed by time with God!

Here are suggested readings in the Bible for your **Spiritual Boosts** this week:

Day 1: Read Psalm 16:9-11

- ✳ How much joy is there in your life on a typical day?

Day 2: Read Matthew 13:44

- ✳ Do you feel like becoming a child of God is a treasure or an obligation?

Day 3: Read Nehemiah 8:10-12

- ✳ Why does joy bring strength to us?

Day 4: Read Philippians 2:14-15

- ✳ Besides joy, what does this verse mention as part of shining for Jesus?

Day 5: Read Philippians 4:4-5

- ✳ What could you do to start each day with a dose of joy?