Key 5: Methods (Core Group)
Week 13 in our series *5 Keys to Life with God*
Pastor Theo Myer
May 17, 2026

message notes

How is it with your soul? (John Wesley)

Core Group: _____ in your Life with God

- _____-led

- _____ truth in discussion

- _____the 5 Methods together

Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near. (Hebrews 10:24–25)

Remember!

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The Daily Connections (*Good Morning God, Spiritual Boost, Good Night Review*) open our lives to God's love and direction and power.

Good Morning God should be the first thing we do every day when waking up. The *Spiritual Boost* connects us with God's words in the Bible during the day sometime when we have 10 minutes of quiet. Finally, we finish our day with *Good Night Review*, and this allows God's joy and forgiveness to come to us as we drift into sleep.

These three spiritual exercises take only 20 minutes each day, and you will be amazed at how they affect your life. Give it a try and see how you are fundamentally changed by time with God!

Here are suggested readings in the Bible for your **Spiritual Boosts** this week:

Day 1: Read Hebrews 10:24–25

- How can you motivate others to acts of love and good works?

Day 2: Read Hebrews 10:24–25 (again)

- Read the passage twice, then sit quietly and listen to God speak to you about Christian community.

Day 3: Read 1 John 3:14–19

- ❄ What does loving our brothers and sisters in Christ mean?

Day 4: Read 1 John 4:16–21

- ❄ Explain to a 10-year old child why loving other believers is important based on these verses.

Day 5: Read Ecclesiastes 4:9–12

- ❄ Do you believe you need your brothers and sisters to thrive?