

Perpetua the MartyrWeek 1 in our series *Heroes of the Church*

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"Crucify us—torture us—condemn us—destroy us! Your cruelty is our triumph... We multiply whenever we are mown down by you; the blood of Christians is the seed of the church!" (Tertullian)

Perpetua: lived in Carthage, North Africa from 181 – 203 AD

She was a witness

- You are called to be a witness (Acts 1:8)
- God will help you when you speak about Him (Matthew 10:18-20)

Are you ready to stand for God and be a witness?

Remember!

The Daily Connections (Good Morning God, Spiritual Boost, Good Night Review) open our lives to God's love and direction and power.

Good Morning God should be the first thing we do every day when waking up. The *Spiritual Boost* connects us with God's words in the Bible during the day sometime when we have 10 minutes of quiet. Finally, we finish our day with *Good Night Review*, and this allows God's joy and forgiveness to come to us as we drift into sleep.

These three spiritual exercises take only 20 minutes each day, and you will be amazed at how they affect your life. Give it a try and see how you are fundamentally changed by time with God!

Here are suggested readings in the Bible for your **Spiritual Boosts** this week:

Day 1: Read Acts 1:8

- What does it mean to be a witness?

Day 2: Read Matthew 10:16-20

- How does God help us when we are witnessing?

Day 3: Read 1 Peter 2:9 – 12

- ✳ Besides conversation, what helps our witness?

Day 4: Read Matthew 10:32 – 33

- ✳ Why do you think God says we must acknowledge Jesus publicly?

Day 5: Use your Spiritual Blessing List to pray for a loved one who needs Jesus. Ask God to help you be a witness in a specific way.

- ✳ BLESS them! (Body, Labor, Emotion, Social, Spiritual)