

Is Artificial Intelligence (A.I.) Good for the Soul?

Week 2 in our series *Hot Topics*

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A.I. is a mirror of ourselves, not as we ought to be or could be, but as we already are and long have been. (Shannon Vallor)

What is AI?

Challenges of A.I.

- A.I. is a _____ of humanity, with dark places
- A.I. feeds your _____
- A.I. makes _____
- A.I. will change the _____

Positives of A.I.

- Wonderful study and summary tool
- Brings average content creation to unskilled people

Tips for Tending to Your Soul

- Time _____ is needed (Luke 5:16)
- Commit to _____ (Romans 12:9-10)
- AI is a good helper, a subpar friend, and a bad leader

Remember!

The Daily Connections (Good Morning God, Spiritual Boost, Good Night Review) open our lives to God's love and direction and power.

Good Morning God should be the first thing we do every day when waking up. The *Spiritual Boost* connects us with God's words in the Bible during the day sometime when we have 10 minutes of quiet. Finally, we finish our day with *Good Night Review*, and this allows God's joy and forgiveness to come to us as we drift into sleep.

These three spiritual exercises take only 20 minutes each day, and you will be amazed at how they affect your life. Give it a try and see how you are fundamentally changed by time with God!

Here are suggested readings in the Bible for your **Spiritual Boosts** this week:

Day 1: Read Proverbs 3:5-6

- * What is the loudest voice in *your* head?

Day 2: Read James 3:13-18

- * Ask God to help you be wise and honorable today.

Day 3: Read Luke 5:16

- * Why do you think Jesus needed time away from his busy life?

Day 4: Read Romans 12:9-21

- * Which one of these challenging relational directions do you need to think about more today?

Day 5: Pray and think about how to commit to community, like a weekly lunch date, Sunday worship, or attending a Core Group.